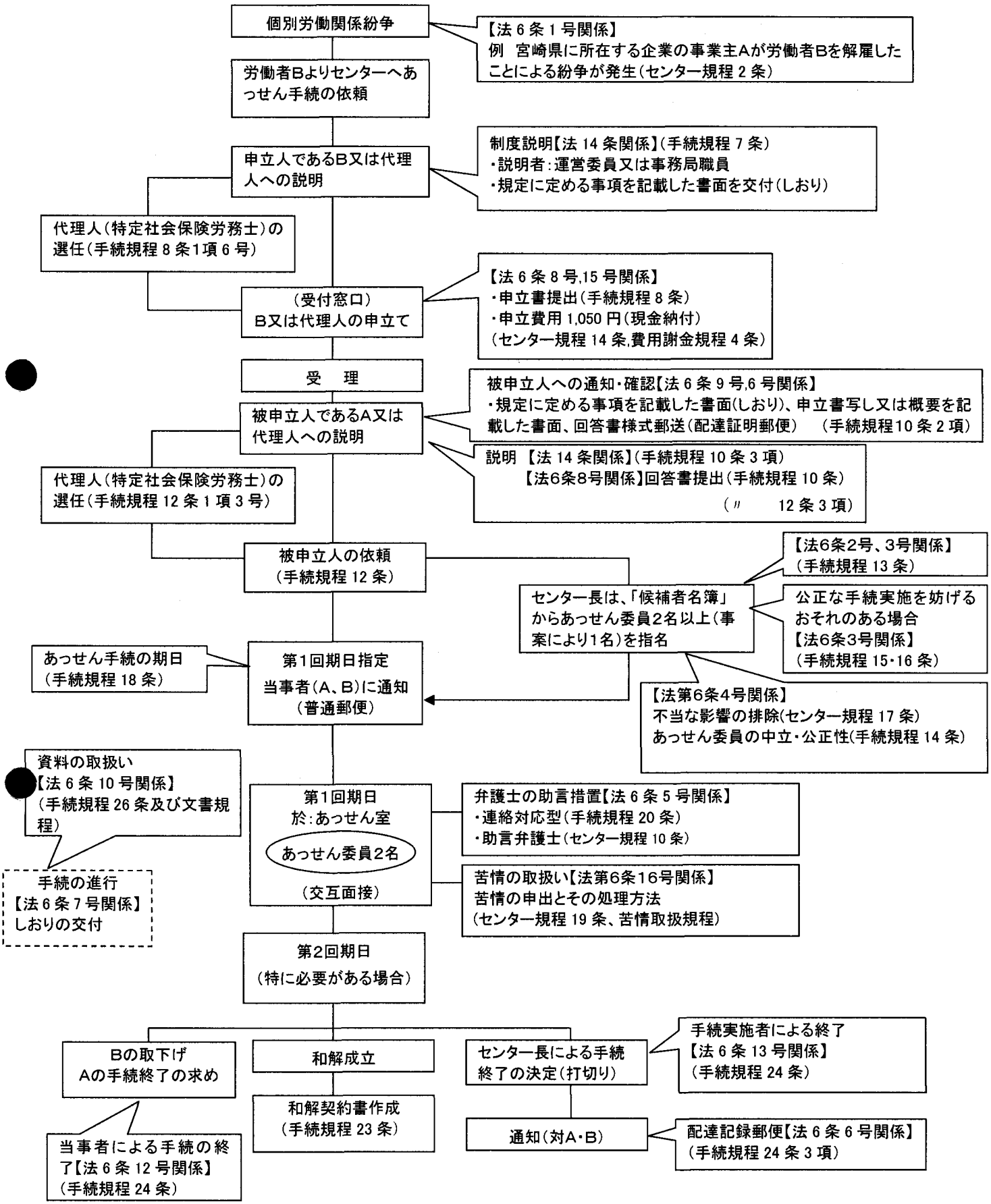社労士会労働紛争解決センター宮崎におけるあっせん手続の概要